

Drug treatment in Irritable Bowel Syndrome

<i>Predominant symptom pattern</i>	<i>Medication</i>
<i>Pain</i>	1. Antispasmodics 2. Tricyclics
<i>Diarrhoea</i>	Loperamide
<i>Constipation</i>	Ispaghula, Psyllium
<i>Bloating with distension</i>	1. Dietary manipulation 2. Macrogols (only if constipation present)
<i>Bloating without distension</i>	1. Antispasmodics 2. Tricyclics